For a Lent retreat using Alive in the Word Lent: Season of Transformation

Leader:  
In the name of the Father, and of the Son, and of the Holy Spirit.  
[All make the Sign of the Cross.]

Lord, we thank you for the gift of this time together. We give it to you as a Lenten offering, a gift of ourselves. We thank you for being with us—for speaking to our hearts, strengthening our faith, and reminding us that we are not alone on our Lenten journeys. We pray that the transformation begun in us will continue. Amen.

We will now pray a Lenten litany. After each petition, we will all respond: Transform us, Lord.

[The leader can read the petitions, or participants can take turns reading them. All respond: “Transform us, Lord.”]

In this season of Lent, Transform us, Lord.  
As we listen for your voice, Transform us, Lord.  
When we hear you call, Etc.  
When we follow you on the way,  
When we falter and fail,  
When we stray from your side,  
When we repent and turn back,  
In every temptation we face,  
In every decision we make,  
In every surrender we attempt,  
When we are distressed,  
When we are in pain,  
When we don’t know the way,  
When we listen to your Word,  
When we share in your work,  
In our failures and successes,  
In our strengths and weaknesses,  
In our families and friendships,  
In our homes and parishes,  
In our church and world,  
With every quiet prayer,  
With every Lenten fast,  
With every offering of ourselves,  
In every Eucharistic encounter,  
Remain with us,  
Abide with us,  
Bear fruit in us,  
Be love in us, Transform us, Lord. Amen.

Leader:  
And now let us pray together the words that Jesus taught us.

All:  
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Leader:  
Let us close our time together by sharing with one another a Sign of Peace.  
[Participants can greet one another and share a time of fellowship.]